

## A Gentle Path Through The Twelve Steps Clic Guide For All People In Process Of Recovery Patrick J Carnes

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This revised edition of "A Gentle Path through the Twelve Steps "is a treasure chest, a rich and powerful resource for anyone working a twelve-step program. Carnes is a gifted teacher and leader in the addiction recovery field. Wendy Maltz, M.S.W., "Sexual Healing Journey"

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A Gentle Path Through the Twelve Principles Part 1/2 (to see other parts of the article, click on the pages at the bottom) Working the 12 steps can take us to a place of safety, sanity and serenity. But the 12 steps are the beginning of the journey, not a destination.

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It was out of his reverence and respect for the wisdom and therapeutic value of the Twelve Steps that Carnes wrote A Gentle Path through the Twelve Steps, now a recovery classic and self-help staple for anyone looking for guidance for life's hardest challenges.

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### A Gentle Path Through The

"Gentle Path through the 12 Steps." The author respects and follows the AA Big Book principles and traditions. This book gives readers a way to integrate the 12 Steps into their lives in a practical doable way. I have been sober 10/3/85.

### A Gentle Path through the Twelve Principles

Gentle Path offers a number of Experiential Therapies including Ropes Course, and Equine Therapy that incorporates activities for emotional growth and learning. Equine Therapy, for example, is a collaborative effort between a licensed therapist and a horse professional working with the clients and horses to address treatment goals.

### A Gentle Path Through the Twelve Principles

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Sex Addiction Treatment for Men - Gentle Path at The Meadows

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Hazelden Store: A Gentle Path through the Twelve Steps ...

A Gentle Path through the Twelve Principles Living the Values Behind the Steps, By the best-selling author of the recovery classic A Gentle Path through the Twelve Steps Softcover, 280 pp. Item: 2557

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