

Casebook Of Interpersonal Psychotherapy

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The book also covers different contexts in which IPT may be practiced, including group therapy, inpatient settings, and telephone therapy. The Casebook of Interpersonal Psychotherapy is an invaluable resource for psychiatrists, psychologists, social workers, psychiatric nurses, and other mental health professionals interested in psychotherapy.

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Bringing together experts who have treated patients with and conducted clinical research on IPT, the Casebook of Interpersonal Psychotherapy responds to the growing need for a foundational text to supplement the available manuals on IPT.

Interpersonal Psychotherapy: Past, Present and Future

Interpersonal Psychotherapy (IPT) is an empirically validated treatment for a variety of psychiatric disorders. The evidence for IPT supports its use for a variety of affective disorders, anxiety disorders, and eating disorders, and for a wide range of patients from children and adolescents to the elderly.

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This article briefly describes the fundamental principles and some of the clinical applications of interpersonal psychotherapy (IPT), a time-limited, empirically validated

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treatment for mood disorders. IPT has been tested with general success in a series ...

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Note: Interpersonal psychotherapy was developed by Klerman and Weissman for depression and has been expanded for other disorders. A brief history of interpersonal psychotherapy (Weissman, 2006) describes the development of IPT.

Interpersonal Psychotherapy

The Casebook of Interpersonal Psychotherapy is an invaluable resource for psychiatrists, psychologists, social workers, psychiatric nurses, and other mental health professionals interested in psychotherapy.

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Gerald Klerman entrusted Myrna Weissman, a newly graduated social worker, with the design of the psychotherapy. She used Aaron Beck ' s hundred-page, typed cognitive therapy manual as a guide, following Gerry ' s dictum that they needed to similarly manualize supportive psychotherapy. Although Klerman, a psychiatrist,...

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Interpersonal psychotherapy (IPT), an empirically validated treatment for depression and other disorders, is becoming more frequently used to treat a range of psychiatric diagnoses. Based on evidence that interpersonal problems contribute to the onset of psychiatric disorders, IPT helps patients to change interpersonal behavior in order to improve psychosocial functioning and relieve symptoms.

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Interpersonal psychotherapy: principles and applications
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Interpersonal Psychotherapy (IPT) Interpersonal psychotherapy (IPT) was developed by Gerald Klerman and Myrna Weissman in the 1970s and based on the work of Harry Stack Sullivan, Adolf Meyer, and John Bowlby. IPT is a type of therapy that utilizes a uniquely structured model for the treatment of mental health issues.

Interpersonal Psychotherapy for Eating Disorders - Oxford ...
OXFORD UNIVERSITY PRESS INC Casebook of Interpersonal Psychotherapy Interpersonal psychotherapy (IPT), an empirically validated treatment for depression and other disorders, is becoming more frequently used to treat a range of psychiatric diagnoses.

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Casebook of Interpersonal Psychotherapy was edited by two of the authors of the Comprehensive Guide to Interpersonal Therapy: John Markowitz, a professor at Columbia and Cor-

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nell universities, who, as a former student of Klerman ' s, became a principal researcher and standard bearer for IPT, and

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