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In a nonstick fry pan over medium-low heat, melt the butter. Add the onion and green and red bell peppers and sauté, stirring frequently, until the vegetables are tender-crisp, 2 to 3 minutes. Add the ham and sauté for 1 minute more.

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High Performance Blenders - Blending Machines | Vitamix

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Blender Recipes: Beginner to Advanced | Vitamix

Features. The Vitamix Cookbook features 250 whole-food recipes that will change the way you think about ingredients. Written by Vitamix president and CEO Jodi Berg, this recipe book includes dozens of gluten-free, vegetarian, and vegan recipes, as well as inspiring success stories of a whole foods lifestyle.

5200 Deluxe Complete Kitchen Machine - Classic ... - Vitamix

The Named Plaintiffs filed a complaint against Vita-Mix Corporation ( " Defendants " ), alleging that Vitamix blenders were defective because they deposit tiny black polytetrafluoroethylene ( " PTFE " ) flecks into blended food and drink. In the Lawsuit, the Plaintiffs claimed, among other things, breach of express and implied warranties of merchantability, breach of contract, negligent design ...

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The Complete Vitamix Blender Cookbook will change your life. This quick & easy to use guide will show you how to make the most of all the nutrients that natural foods have to offer in delicious smoothies, juices, nut milks, spices, homemade creams and butters and much more.

Vitamix Cookbook by Jodi Berg, President & CEO - Cookbooks

Vitamix Blenders. Vitamix blenders make so much more than smoothies. Explore the possibilities and find the one that fits your life. Smart System. starting at \$399.95 [Learn More](#) . Classic. starting at \$289.95 [Learn More](#) . Space Saving. starting at \$449.95 [Learn More](#) .

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