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David Brownstein is the editor of Natural Way to Health newsletter. He is also a board-certified family physician and is one of the foremost practitioners of holistic medicine.

An Interview With Dr. David Brownstein On Iodine and ...

Dr. David Brownstein,  
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editor of Dr. David  
Brownstein's Natural

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newsletter, is a board-  
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physician and one of  
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practitioners of holistic  
medicine. Dr.

Brownstein has  
lectured internationally  
to physicians and  
others about his success  
with natural hormones

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and nutritional  
therapies in his  
practice.

Brownstein's Natural  
Way to Health - About  
Us

When COVID-19  
reared its head earlier  
this year, Dr. David  
Brownstein told his  
staff, "This is what we  
have been preparing  
for." The board-

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certified family physician and editor of Dr. David Brownstein's Natural Way to Health newsletter is one of the nation's foremost holistic practitioners, and for over two decades he has lectured and written about using natural hormones and nutritional ...

Busting the Iodine

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Myths - by Dr. David  
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David Brownstein, M.D., is a board-certified family physician and one of the foremost practitioners of holistic medicine. Dr. Brownstein has lectured internationally to physicians and others about his success with natural hormones

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and nutritional therapies in his practice. His books include *Drugs That Don't Work* and *Natural Therapies That Do!*;

Brownstein's *Natural Way to Health - Home The Guide to Healthy Eating* will show you which foods are healthy and which food you

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should avoid.

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Food is our best medicine.

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Dr David Brownstein  
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Hi Elaine, I think it varies, as I have always been cautious about giving people with Hashimoto's Thyroiditis iodine, but then you have someone like Dr. David Brownstein who is an

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iodine expert and has seen many patients with these conditions, and commonly gives iodine supplementation to people with Hashimoto's Thyroiditis.

Thyroid and Iodine

with Dr. David

Brownstein (#123)

Dr. David Brownstein's

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testosterone. However,  
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Dr. David Brownstein's  
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focused on crucial  
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About Dr. David

Brownstein. Dr. David

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Brownstein is a board-certified family physician and is one of the foremost American practitioners of holistic medicine. He is a graduate of the University of Michigan and Wayne State University School of Medicine. Currently, he is the medical director of the Center for Holistic Medicine in

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West Bloomfield, MI.  
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I purchased this book  
after reviewing Mr  
David Brownstein's  
video on line regarding  
healthy eating, and the  
problems we can create  
from eating the wrong  
food and what it does to

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our body's.I found the book very interesting and informative about certain foods,additives etc,I keep referring back to the book for certain things,it is well compiled and a section on questions asked and answered and ...

Dr Brownstein | The  
Miracle of Natural  
Hormones

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The Guide to Healthy  
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Brownstein Guide To  
Natural Health Dr.

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physician and is one of  
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practitioners of holistic  
medicine. David

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Iodine: The Anti-  
cancer Agent

The Miracle of Natural  
Hormones 3rd Edition

shows you why  
balancing the

hormonal system is  
important to helping

you achieve your  
optimal health. Dr.

Brownstein describes

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why bioidentical,  
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should be the only  
hormones utilized for  
any condition. Dr.  
Brownstein shows you  
how bioidentical,  
natural hormones can  
help treat: Arthritis  
Autoimmune Disorders  
Chronic Fatigue [...]

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Comprehensive Reports. Each issue will include in-depth (but easy to read) reports focused on vital and timely health topics. You'll gain necessary knowledge about the most promising holistic

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and medical strategies  
to help conditions such  
as:

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David Brownstein,

M.D. is a board-

certified family

physician who

combines conventional

with alternative

therapies. In this show

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you'll learn: Why regular medicine isn't enough, why salt is good and which ones are best, where iodine "lives" in the body and how it protects against cancer and other diseases, the best thyroid blood tests, and how Dr. Brownstein tests and addresses issues ...

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