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Discovering Myself Chapter 2 ©2010 - Andrea Ribeiro ~* I find myself again in that strange corridor without any doors around and unable to see the end of it. 'Come on, not this again. It is getting ridiculous. This gotta be a dream.' I thought to myself. Okay, that is new. The other times I never had thought of this being a dream and I wondered if that's what people call lucid

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Finding yourself may sound like an inherently self-centered goal, but it is actually an unselfish process that is at the root of everything we do in life. In order to be the most valuable person to the world around us, the best partner, parent etc, we have to first know who we are, what we value and, in effect, what we have to offer.

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