

Einkorn Recipes For Natures Original Wheat

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Einkorn: Recipes for Nature ' s Original Wheat shares 100 delicious recipes for working with the grain and its flour in a wide variety of flavorful dishes. This book also explores einkorn ' s history, unique genetics, and superior nutrient content while sharing Carla ' s tips for using einkorn to its full baking and cooking potential.

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Einkorn: Recipes for Nature ' s Original Wheat by Carla Bartolucci (Clarkson Potter, \$21.86) Einkorn is an ancient species of wheat, first planted in the Fertile Crescent at the advent of agriculture.

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Einkorn: Recipes for Nature's Original Wheat: A Cookbook [Carla Bartolucci, Clay McLachlan] on Amazon.com. *FREE* shipping on qualifying offers. Discover the ancient grain with tremendous flavor that is a true gift for many who suffer from gluten sensitivity or choose to eat gluten free. The only wheat in existence that has never been hybridized or modified

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A complete collection of 100 recipes for exceptional bread, pizza, cookies, cakes, pastries and savory dishes made with nature ' s original wheat.

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Homepage - Einkorn: The Cookbook
What makes Einkorn: Recipes for Nature ' s Original Wheat truly unique is its commitment to maximum nourishment through ingredients and techniques that have long been forgotten but really aren ' t a...

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