

# Face Reading In Chinese Medicine

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Translated as face (mien) reading (shiang), the Chinese medicine diagnostic technique of facial physiognomy can determine many aspects of not only current health, but past illness and trauma. This system allows the Chinese medicine expert to read and interpret your congenital, present, and future health predispositions.

Positive Health Online | Article - Chinese Face Reading ...  
By Emma Suttie, D.Ac, AP. Mien shiang is an ancient Taoist

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practice that literally means face (mien) reading (shiang). Mien shiang allows us to observe many features of the face and determine certain personality traits about the person being observed.

### Chinese Facial-Reading Chart | The Dr. Oz Show

Face reading has been part of Traditional Chinese Medicine for many centuries, and Professor Lillian Bridges is a popular academic and international lecturer on the subject who gained her fascinating knowledge through her family line of Master Face Readers in China.

TCM Diagnosis by Looking (Observation) - One of the 4 Pillars

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Classical Chinese Medicine and Face Reading - Empirical ...  
Face reading in Chinese Medicine is called – or Siang Mien (Siang=reading) (Mien=face). According to the Chinese facial diagnosis, the body is like a hologram and the location of a wrinkle, scar, spot, blemish etc. corresponds to an energy meridian that in turn connects to an internal organ.

Chinese Face Reading - Rosanna Davison Nutrition

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This wisdom has seen a huge resurgence in the West during the past 20 years with the growth of acupuncture, Chinese herbal medicine, Feng Shui and Qi Gong. Chinese face reading is as relevant today as it was in the past and its use is cross cultural. We all have a blend of elements and all faces reflect part of nature's pattern.

### Mien Shiang – Chinese Face Reading – CHINESE MEDICINE LIVING

It is true that the eyes are the window to the soul and according to Traditional Chinese Medicine, the face is the map which decodes the mind, body, and The ultimate guide to Chinese Face mapping. Heal your skin problems, from acne to dryness, with face mapping.

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### Chinese Face Reading Chart for Acne, Puffy Eyes, Lines

The state of your overall health may be as simple to discern as using Chinese face reading to examine your face. So say ancient healing systems such as Ayurveda and Traditional Chinese Medicine (TCM).. Face reading (mien shiang or mien xiang, pronounced “ myen-shung ” ) originated in China nearly 3,000 years ago.Originally, this medical art was practiced by Taoist monk healers.

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Chinese Face Mapping: An Ancient Guide to Healing Your ...  
Looking (Observation) in TCM diagnosis is one of the '4 Pillars of Evaluation' in Chinese Medicine. Looking, includes observation of spirit (Shen), body, head and face, sense organs, and digital venule examination in children.

Face Reading: The Face as a Microsystem

An exciting new, full-colour edition of Face Reading in Chinese Medicine featuring over 200 colour photographs and practical instructions on how to conduct a face reading!



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How Chinese Face Reading Reveals the State of Your ...

Face reading, called mien shiang or mien xiang, originated almost three thousand years ago in China, and was a healing medical art carried out by Taoist monks. Modern day practitioners of TCM still use face reading as a diagnostic tool. Minor health issues can show up instantly, which makes it helpful in preventing disease.

Face Reading in Chinese Medicine / Edition 2 by Lillian ...

Face proportions If you divide your face to three horizontal

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parts, you will find that one of the parts is relatively larger than the other two parts. This dominant part can tell some information about your personality and thinking style. The th...

Face Reading in Chinese Medicine by Lillian Bridges

For thousands of years, Chinese healers have been reading faces to detect and diagnose all kinds of diseases. Facial skin is sensitive and can reflect internal changes faster than other parts of the body. Learn how you can use this ancient practice to uncover clues about your health.

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For many centuries, practitioners of traditional Chinese

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medicine have relied on face reading for insight into the physical, psychological, and emotional state of a patient. Based on an understanding of the shapes, markings and features of a face, a therapist can discover important facts about the health and life of a patient, related to the ...

Face Reading in Chinese Medicine - Eastern Currents  
Face reading has been part of Traditional Chinese Medicine for many centuries, and Professor Lillian Bridges is a popular academic and international lecturer on the subject who gained her fascinating knowledge through her family line of Master Face Readers in China.

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Face Reading is one of the original tools used for diagnosis in Traditional Chinese Medicine. It has a well-documented history that dates back thousands of years. In the oldest text on acupuncture uncovered so far, Dr. Paul Unschuld of Germany found that the first page of this manuscript was the facial map and the second page contained a ...

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