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*Gua sha: A Complete Self-treatment Guide - Clive Witham
I'm author of The Book of Oriental Medicine, Gua sha: A Complete Self treatment Guide*

and Facial Gua Sha: A Step-by-step guide to a natural facelift. I've been a licensed acupuncturist for 18 years, have a Masters degree in Health Education and am a member of the British Acupuncture Council.

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