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Martin Kirk is a Certified Anusara® Yoga instructor who travels worldwide offering inspiring yoga immersions and specialize anatomy, therapy and teacher trainings. Martin has

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trained extensively with
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**About Martin Kirk, MSBME,
BSEE, ERYT-500 - Kirk Yoga**

Martin Kirk is an Anusara certified yoga Instructor and a registered yoga teacher with Yoga Alliance. He has studied with John Friend, Anusara Yoga founder

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since 1994. He is a member of the Arizona Yoga Association and conducts yoga training and workshops worldwide.

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utilized widely for yoga teacher trainings. As a Biomedical Engineer, Martin teaches how a skillful balance of alignment can be interwoven with a deep understanding of anatomy and therapeutics.

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