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Basketball Self-Training Programs for Shooting, Dribbling and Vertical Jump by Dre Baldwin, creator of Work On Your Game: Applying The Pro Athlete Mindset to Business, Sports, and Life. Dre is a 9-year professional basketball player, an author of 25 books who had done 4 TED Talks.

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Hoop Handbook Announcements | Dre Baldwin - YouTube

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Ultimate Athlete Off Court Training is by Dre Baldwin, who teaches how the Pro Athlete's Mindset Applies To Business, Sports and Life. Dre is author of Work On Your Game: Use the Pro Athlete Mindset to Dominate Your Game in Business, Sports, and Life.

Stephen Curry HoopHandbook Signature Workout Program ...

Kyrie Irving HoopHandbook Signature Workout Program (HoopHandbook Signature Workouts). Length: 42. Dre Baldwin. This is a workout program based on the game and skills of NBA player Kyrie Irving. Kindle eBook. 2013-10-31.

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Books by Dre Baldwin (Author of Work On Your Game)

In just 5 years, Dre Baldwin went from his high school team's bench to the first contract of a 9-year professional basketball career. ... Dre was the first athlete to publish his sports training videos online, and has been creating content since before it was called "content"! ...

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