

## Kidding Ourselves The Hidden Power Of Self Deception Joseph T Hallinan

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Kidding ourselves : the hidden power of self-deception

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In Kidding Ourselves, Joseph Hallinan offers a nuts-and-bolts look at how this penchant shapes our everyday lives, from the medicines we take to the decisions we make. It shows, for instance, just how much the power of many modern medicines, particularly anti-depressants and painkillers, is largely in our heads.

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Kidding Ourselves | Psychology Today

Kidding Ourselves: The Hidden Power of Self-Deception by Joseph T. Hallinan. <b>From the Pulitzer Prize-winning journalist and author of <i>Why We

Make Mistakes

, an illuminating exploration of human beings' astonishing ability to deceive themselves. To one degree or another, we all misjudge reality.

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*Kidding Ourselves: The Hidden Power of Self-Deception*. It can be difficult to believe how vastly different our own view of reality can be from others', but that is exactly what Hallinan (*Why We Make Mistakes*) tries to get to the core of in his latest book.

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Joe Hallinan is a writer based in Chicago. He has written for many of the world's leading publications, including *The Wall Street Journal*, *New York Times*, *Chicago Tribune*, and the *Sunday Times of London*. His most recent book is *Kidding Ourselves: The Hidden Power of Self-Deception* (Crown, 2014).

Kidding Ourselves: The Hidden Power of Self-Deception ...

Joseph T. Hallinan's latest book, *Kidding Ourselves: The Hidden Power of Self-Deception*, joins the group of psychology books that illuminates human behavior for readers. Hallinan presents a wealth of historical, scientific, and cultural research about the numerous and often quirky ways that people trick themselves.

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Kidding Ourselves The Hidden Power

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