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2. BUKI WAZA (Ippon) Bokken

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Kihon Dosa Renzoku Happo  
Giri 3. HIRIKI NO YOSEI ICHI  
TO NI SOTAE DOSA 4. KIHON  
DOSA TO KANREN WAZA 5. SHITE  
WAZA (Yonhon) 6. SHITE JIYU  
WAZA (Nihon) Katatemochi  
Ryotemochi Shomenuchi  
Yokomenuchi Shomen Tsuki  
Required Techniques Both  
ICHI and NI variants are  
practiced for all techniques  
unless otherwise specified.

Shodan (1st Dan) Black Belt  
- Aikido

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Kihon Waza (Basic Technique)

| AIKIDO-NO-SEKAI

Supplementary atemi waza.

The original basic 15 techniques for randori was established in the 50-ties of the 20th century. In the 60-ties 17 techniques for randori became the syllabus for randori geiko. In the basic 15, only 3 atemi were selected. Basic 17 has 5 atemi waza, gedan ate and ushiro ate were added.

Kumite Waza - Jaap Kooman

Tag Archives: kihon waza.

Day 11 - starting waza - shihonage. April 15, 2013 by oldmanchris. ... ???

jimjilbang jiyu waza Joseph

Dautremer judo Kano Jigoro

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????? karate katakiuchi  
kendo kenshusei ??? kihon  
dosa kihon waza Kinkakuji  
knees Kodokan judo Korea  
kusarigamajutsu Kyoto ...

Buki-waza/Kihon-waza, Katate-  
tori Gyaku-hanmi Uchi-Kaiten

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And Linked

Anteikan Dojo - Glossary of

Yoshinkan Aikido Terms

KIHON WAZA, KI NO NAGARE

WAZA, OYO WAZA, HENKA WAZA,

KANREN WAZA, KAESHI WAZA

Questions about the

difference between Oyo Waza

and Henka Waza are very

frequent, so it is important

to clarify some doubts about

this matter. Kihon Waza is

the "basic technique", the

pure form executed when you

receive an attack or are

firmly grabbed. The Founder

was

Kihon Dosa To Kanren Waza

Members of Aiki Budo Centre

performing Kihon Dosa to

Kanren Waza at Aikido

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And Linked  
Mugenjuku in Japan March 21,  
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Aikido Kihon Waza Basic  
Techniques By Heikki Helala  
KIHON DOSA RENZOKU:  
Continuing or United basic



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movement: KIHON DOSA TO  
KANREN WAZA: Basic Movement  
and Related Techniques:  
KOHO: Backward, behind, in  
the rear, in back: KOHO  
KAITEN UKEMI: Backward roll:  
KOHO UKEMI: Backward  
breakfall: KOKYU RYOKU:  
Breath Power: KONBANWA: Good  
evening:

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Aikido Sussex

Kihon Dosa (basic exercise)

The above data was made up  
for teaching purposes. RITSU

BO in MOSUBI DACHI Right  
hand with grip in the middle

of the BO. Feet in MOSUBI  
Dachi. Left hand flat on the

... SAGE BO in MUSUBI DACHI

Now the Bo is at a 45 angle.

CHUDAN NO KAMAE At YOI bring  
the Bo horizontal straight

out to the front.

kihon dosa to kanren waza

Kihon Dosa To Kanren Waza

(Basic Movements and Linked  
Techniques) Part 1 For 1,

perform the exercise twice.

For 2 to 5, perform the

exercise twice, then perform  
the technique. For 6 and 7,

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perform the exercise once, then the technique. Shite and uke switch roles between techniques. 1.

KIHON WAZA E.V. - taais.com  
Kanren Waza Demo Training.  
dom\_

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August 13th, 2016 | Demo  
Training | Kihon Dosa to  
Kanren Waza ...

Kihon Dosa To Kanren Waza  
(Basic Movements and Linked

...

Kihon Dosa To Kanren Waza  
(Basic Movements and Linked  
Techniques) Part 1 For 1,  
perform the exercise twice.  
For 2 to 5, perform the  
exercise twice, then perform

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the technique. For 6 and 7,  
perform the exercise once,  
then the technique. Shite  
and Page 2/4. Read Book  
Aikido Kihon Waza Basic  
Techniques

Kihon Atemi Waza – Study  
Group Tomiki Aikido  
Sebagai gambaran bagaimana  
Aikido merupakan cerminan  
dari tehnik tempur di masa  
keemasan para samurai,  
berikut salah satu kihon-  
waza yang saya eksperimenkan  
sebagai buki-waza, yang  
tanpa diubah bentuknya sama  
sekali, merupakan tehnik  
tachi-waza yang biasanya  
dilatih secara berpasangan  
(sotai-dosa), namun dengan  
menggunakan bokken, bisa

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dilatih tanpa uke, tidak  
lain katate-tori gyaku-hanmi  
uchi ...

Dungeon Born Divine Dakota  
Krout Tantor  
Kamae, rei, seiza Ukemi  
Kihon dosa. tai no henko  
ichi tai no henko ni hiriki  
no yosei ichi hiriki no  
yosei ni shumatsu dosa ichi  
shumatsu dosa ni kihon dosa  
renzoku kihon dosa to kanren  
waza. shumatsu dosa ichi.  
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