

Mastermind How To Think Like Sherlock Holmes Maria Konnikova

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Mastermind: How to Think Like Sherlock Holmes: Maria ...

Mastermind: How to Think Like Sherlock Holmes, released January 3, 2013, is a book written by Maria Konnikova exploring ways to improve mindfulness, logical thinking and observation using Arthur Conan Doyle's fictional character Sherlock Holmes as an exemplar. Konnikova intertwines her analysis of Holmes's "habits of mind" with findings from the modern-day fields of neuroscience and psychology and offers advice on how to become a more rational thinker.

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Mastermind: How to Think Like Sherlock Holmes | Maria ...

Indeed, our minds can and often do go wrong at any one of the steps. Konnikova construes it like this: our minds have two distinct modes of thought. The first of these modes operates quickly and automatically. It is our default mode, in that it is the one that we rely on as a matter of course.

Mastermind: How to Think Like Sherlock Holmes: Maria ...

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In 'Mastermind' Maria Konnikova Teaches Us How to Think ...

One would expect a book subtitled "How to Think Like Sherlock Holmes" to actually have instructive steps and exercises, but it does not. The only clear recommendation is to maintain a journal. Other elements are analyzed, but no actual instructions are given on how to successfully implement them in daily life.

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Mastermind How To Think Like

A fine blend of character analysis, psychological research, and good writing, Mastermind: How to Think Like Sherlock Holmes caught my interest and held it all the way through, which is a difficult task for nonfiction in general.

Mastermind: How to Think Like Sherlock Holmes - Wikipedia

Free download or read online Mastermind: How to Think Like Sherlock Holmes pdf (ePUB) book. The first edition of this novel was published in 2013, and was written by Maria Konnikova. The book was published in multiple languages including English language, consists of 273 pages and is available in Hardcover format. The main characters of this non fiction, psychology story are , .

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Mastermind: How to Think Like Sherlock Holmes by Maria ...

“Mastermind: How to Think Like Sherlock Holmes is fascinating from cover to cover — highly recommended.” —Brain Pickings “Your favorite mental short-cuts and slip-ups are all here. But Ms. Konnikova finds an ingenious delivery system. Holmes and Watson, she shows, respectively personify our rational and intuitive modes of thought.

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Mastermind: How to Think Like Sherlock Holmes Maria Konnikova. No fictional character is more renowned for his powers of thought and observation than Sherlock Holmes. But is his extraordinary intellect merely a gift of fiction, or can we learn to cultivate these abilities ourselves, to improve our lives at work and at home? ...

How To Think Like Sherlock Holmes - Mastermind - Maria Konnikova

If your literary heroes include Sir Arthur Conan Doyle's masterly creation, Sherlock Holmes, or even if you just drool over Holmes's latest incarnation, as portrayed by Benedict Cumberbatch, you'll love psychologist Maria Konnikova's Mastermind: How to Think Like Sherlock Holmes.

Mastermind: How to Think Like Sherlock Holmes by Maria ...

Here are some of the key features of Mastermind: How To Think Like Sherlock Holmes: Actionable . Konnikova turns theory into practice throughout the book. Deep . It's super deep. You'll learn more about your mind and how it works, flaws and all,... Focused . The book is focused on mindful ...

Mastermind: How To Think Like Sherlock Holmes (Book Summary)

Mastermind: How To Think Like Sherlock Holmes (A Review) A centerpiece of Mastermind is that the brain operates using two contrasting systems, which Konnikova terms System Holmes and System Watson....

Mastermind: How To Think Like Sherlock Holmes (A Review ...

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#28. A Summary of 'Mastermind: How to Think Like Sherlock ...

But looking like and thinking like are very different things. Holmes was famous for his logical thinking and unrivaled level of observation—traits that made him a better detective than his peers. Mastermind: How to Think Like Sherlock Holmes examines the tools and techniques employed by Holmes, with the aim of taking them from the pages of fiction to the reality of life.

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The three basic steps to thinking and acting like Sherlock are, to avoid fallacies and biases, to practice mindfulness, and to never stop learning.

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