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Table of Contents - doTerra

*The above usages are extracted from doTERRA's Essential oil usage guide A-Z booklet. *These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent disease. Email This BlogThis!

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their uses. My Aromatherapy Bible! Packed with easy-to-find, detailed, scientific information, this is the best all-in-one aromatherapy health resource I've ever used. Check it out!

Essential Oil Use Chart - Easy-Aromatherapy-Recipes.com

Essential oils easily penetrate the skin for localized benefits, making topical (on the skin) application a great way to experience the benefits of essential oils. This is why doTERRA works to create potent essential oils that are powerful enough to promote healthy-looking skin, yet gentle enough to use on a daily basis.

PRODUCT GUIDE - doTerra

Dosage Reference Chart Quick Reference Chart of Dosages and Directions for Treatment Applications Essential Oil Drop Dosage Aromatic Wrap Soak sheeting in 10-15 drops and hand-hot water Bathe 4 drops in a small dish of cold boiled water Bath 6 -8 drops in bath filled with warm water Body Scrub Massage blend applied to body brush

Quick Reference Charts for Using Essential Oils

Essential Oil Use Chart A | B | C | D | E,F | G | H | I,J,K | L,M | N,O | P,Q | R | S | T | U,V,W | X,Y,Z *Blends and other products are by doTERRA.

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This Essential Oils Reference Guide is the most complete, accurate, and comprehensive guide available for how to use essential oils. This essential oils reference guide app has been independently created by Cube Software Solutions Inc. and is not endorsed or affiliated with doTERRA© in any way.

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PV ADAPTIV™ Calming Blend NEW! 60209364 \$50.00 \$37.50 37.5 Wild
Orange, Lavender, Copaiba, Spearmint, Magnolia, Rosemary, Neroli,
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