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Positive Discipline Through Kind Firm Parenting For Teenagers

**Empowering Your
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were very supportive and
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At the core of the Positive
Discipline approach is the
understanding that teens
still need their parents,
just in different ways—and

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by better understanding who
their teens really are,
parents can learn to
encourage both their teens
and themselves, and instill
good judgment without being
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strong bridges of
communication with their
teenage children while
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parent-teen power struggles,
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This revised edition of
Positive Discipline for
Teenagers shows you how to
break the destructive cycle
of guilt and blame and work
toward greater understanding
and communication with your
adolescents. Inside, you'll:
Find out how to encourage
your teen and yourself; Grow
to understand how your teen
still needs you, but in
different ways

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Through Kind Firm Parenting
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their teens really ...
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- Find out how to encourage
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- Grow to understand how your teen
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empowers teachers with
skills to build their
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Based on the best-selling
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psychologist Dr. Jane
Nelsen, Positive Discipline
teaches important social and
life skills in a manner that
is deeply respectful and
encouraging for both
children and parents. Recent
research tells us that
children are hardwired from
birth to connect with
others, and that children
who feel a sense of
connection to their
community, family, and
school are less likely to
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