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Snyder, Lopez, and Pedrotti offer comprehensive coverage of the science and application of positive psychology and

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Positive psychology - Wikipedia

Positive psychology is the scientific study of human flourishing and well-being. While positive psychology has received a great deal of attention, it has also been criticized for

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a number of reasons, including neglecting individual differences, blaming the victim, and being biased towards a Western, white, middle-class perspective.

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