

## The Hedonism Handbook Mastering Lost Arts Of Leisure And Pleasure Michael Flocker

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The Hedonism Handbook: Mastering The Lost Arts Of Leisure And Pleasure by Michael Flocker 415 ratings, 3.89 average rating, 50 reviews Open Preview The Hedonism Handbook Quotes Showing 1-1 of 1 "As a well-spent day brings happy sleep, so a life well spent brings happy death." –Leonardo da Vinci"

### The Hedonism Handbook Quotes by Michael Flocker

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### The Hedonism Handbook: Mastering The Lost Arts Of Leisure ...

A favorite section of mine features the "joy of getting lost," of which it espouses this wisdom: To the rigidly organized mind, the idea of getting lost is a distinctly unpleasant one and may be fraught with stress. To the happy hedonist, getting lost is an opportunity for adventure and discovery.

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