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parents always I  
have being  
treated like a  
princess all the  
time the thing is  
that I never felt  
confident and  
firm and  
beautiful never  
truely I m  
beautiful but this  
is my weak.point  
when anyone***

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***looks at me or  
speaks to me I  
don't feel to look  
back or speak to  
any one when I  
was a child I  
have developed  
myself as a loner  
I have been ...***

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MD, is the  
director of the  
Cleveland Clinic  
Center for  
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Diet; and The  
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