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A vivid, honest, and emotionally wrenching memoir, *Wasted* is the story of one woman's travels to reality's darker side—and her decision to find her way back on her own terms.

Wasted: A Memoir of Anorexia and... book by Marya Hornbacher
Wasted is the story of

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a young woman, now in her early twenties, that recounts her fourteen years spent "in the hell of eating disorders," having been bulimic by the age of nine, anorexic at fifteen. The book is also a chronicle of her six hospitalizations, one institutionalization, relentless therapy, the

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back and forth
between being "well"
then "sick" then "well"
then "sicker."

Wasted: A Memoir of
Anorexia and Bulimia
(P.S.): Marya ...
Marya published her
first book, Wasted: A
Memoir of Anorexia
and Bulimia in 1998,
when she was twenty-
three. What started as

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a crazy idea suggested by a writer friend became the classic book that has been published in sixteen languages, is taught in universities all over the world, and has, according to the thousands of letters Marya has received over the years, changed lives.

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Wasted: A Memoir of
Anorexia and Bulimia
Summary & Study
Guide

? Marya Hornbacher,
Wasted: A Memoir of
Anorexia and Bulimia
"It is not a sudden
leap from sick to well.
It is a slow, strange
meander from sick to
mostly well. The
misconception that
eating disorders are a

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medical disease in the traditional sense is not helpful here.

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Hornbacher

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Wasted Quotes by
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Purge is a beautifully crafted memoir that has a Girl, Interrupted feel. In this raw and engaging account of her months in rehab, Nicole Johns documents her stay in a residential treatment facility for eating disorder...

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Marya Hornbacher

A classic of
psychology and
eating disorders, now
reissued with an
important and
perhaps controversial
new afterword by the
author, Wasted is
New York Times
bestselling author
Marya Hornbacher's
highly acclaimed

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memoir that
chronicles her battle
with anorexia and
bulimia.

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About the Author
Marya Hornbacher is
a journalist as well as
a writer of fiction and
memoir. Her first
book, *Wasted: A*

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Memoir of Anorexia and Bulimia, has become a classic. The Center of Winter is her first novel.

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Marya Hornbacher is a journalist as well as a writer of fiction and memoir. Her first book, Wasted: A

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Memoir of Anorexia and Bulimia, has become a classic.

The Center of Winter is her first novel. She lives in Minneapolis.

Wasted: A Memoir of Anorexia and Bulimia - Kindle edition ...

Wasted: A Memoir of Anorexia and Bulimia is an autobiography written by Marya

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Hornbacher, detailing her fourteen-year battle with eating disorders. Published by Random House in 1998, Wasted was a critical and commercial success.

Wasted A Memoir Of
Anorexia

Marya Hornbacher's

Wasted, a memoir of

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the author's struggles with bulimia and anorexia, was March's choice for the Mad Woman's Book Club which I run on Goodreads. I was quite interested to see firsthand what coping with an eating disorder is like, particularly over such a prolonged period, having never read a

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book which deals with the issue.

Wasted: A Memoir of Anorexia and Bulimia - Wikipedia

Her books include the memoirs *Wasted: A Memoir of Anorexia and Bulimia*, which has been published in twelve languages, and the New York Times bestseller

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Madness: A Bipolar Life; the recovery books Sane: Mental Illness, Addiction, and the Twelve Steps, and Waiting: A Nonbeliever's Higher Power; and the novel The Center of Winter. She teaches in the graduate creative writing program at Northwestern University and lives in

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Chicago.
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Books similar to
Wasted: A Memoir of
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Wasted: A Memoir of
Anorexia and Bulimia
by Marya Hornbacher
is not an easy book to
read, not because the
author makes the
subject she is talking
about complex, rather
it is a brutally honest

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picture into a life governed by eating, puking, starving, eating, starving, puking, a vicious in which there seems to be no escape.

Wasted: A Memoir of Anorexia and Bulimia
Her books include the memoirs Wasted: A Memoir of Anorexia and Bulimia, which

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has been published in

twelve languages,

and the New York

Times bestseller

Madness: A Bipolar

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books Sane: Mental

Illness, Addiction, and

the Twelve Steps, and

Waiting: A

Nonbelievers Higher

Power; and the novel

The Center of Winter.

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Wasted Updated
Edition: A Memoir of
Anorexia and Bulimia

...

Wasted: A Memoir of
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Marya Hornbacher
(Author)

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Hornbacher:
9780060858797:
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Wasted: A Memoir of Anorexia and Bulimia recalls Marya Hornbacher's personal nine-year battle with anorexia and bulimia. In the story, Marya details childhood and personality factors that may have had a role in the development of her disorder. She also

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writes about the progression of her bulimia and her transition to anorexia.

Wasted: A Memoir of Anorexia and Bulimia by Marya Hornbacher
Vivid, honest, and emotionally wrenching, Wasted is the memoir of how Marya Hornbacher willingly embraced

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hunger, drugs, sex, and death—until a particularly horrifying bout with anorexia and bulimia in college forever ended the romance of wasting away.

Wasted: A Memoir of Anorexia and Bulimia
Background ...
A vivid, honest, and emotionally wrenching

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memoir, Wasted is the story of one woman's travels to reality's darker side -- and her decision to find her way back on her own terms. Read more Read less

Congratulations to "Furious Hours," the best nonfiction book of 2019

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Anorexia & Bulimia:
Marya Hornbacher ...

Some of the techniques listed in Wasted: A Memoir of Anorexia and Bulimia may require a sound knowledge of Hypnosis, users are advised to either leave those sections or must have a basic understanding of the subject before

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practicing them.

Wasted: A Memoir of
Anorexia and Bulimia
by Marya ...

Wasted: A Memoir of
Anorexia and Bulimia
was declared in 2015
to be one of the top
ten eating disorder
books of all time. This
memoir was beaten to
the number one spot
only by Clare

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Beeken's 2001
account of her journey
from anorexia to
compulsive over-
eating and back
again, and the made-
into-a-movie
"Catherine" by
Maureen Dunbar.

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