

Watermelon

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Watermelon: Health Benefits, Risks & Nutrition Facts | Live ...

Watermelon, with the stylish scientific name of Citrullus lanatus, is a fruit that grows on a vine-like flowering plant native to Southern Africa. It was cultivated in the Nile River Valley, in Egypt, and eventually in China, roughly 1,000 years ago. Now, watermelon is grown around the world, and in 44 of the 50 states in America.

The Health Benefits of Watermelon - WebMD

Watermelon is the quintessential summertime fruit. It is a staple at picnics and backyard parties everywhere. You know watermelon is sweet and juicy, but did you know that your favorite warm weather treat is also bursting with healthy benefits as well?

Watermelon: A Natural Viagra?

Marlon Webb Watermelon Vine Compilation Check out All Vines of Marlon Webb - <https://www.youtube.com/watch?v=ymcULJDE4Ho> Watch All His Funny Vines: <https://v...>

Watermelon: Health benefits, nutrition, and risks

The watermelon (Citrullus lanatus) is related to cucumbers, pumpkins and squash. The watermelon probably originated in the Kalahari Desert in Africa. Egyptians placed watermelons in the burial...

13 Impressive Health Benefits of Watermelon - Natural Food Series

Watermelon may be a natural Viagra, says a researcher. That's because the popular summer fruit is richer than experts believed in an amino acid called citrulline, which relaxes and dilates blood...

All Marlon Webb Watermelon Vine Compilation 2015

In " Watermelon Sugar " , Harry Styles recalls a summer past, singing of scrumptious berries and a former love. The song was released without warning to fans, less than an hour before he ...

Watermelon - Wikipedia

Watermelon is a delicious and refreshing fruit that's also good for you. It contains only 46 calories per cup but is high in vitamin C, vitamin A and many healthy plant compounds. Here are the top...

Top 9 Health Benefits of Eating Watermelon

Despite the popular belief that watermelon is just water and sugar, watermelon is actually a nutrient dense food. It provides high levels of vitamins, minerals, and antioxidants and just a small...

Watermelon

The watermelon is a flowering plant that originated in West Africa, where it can also be found growing in the wild. Citrullus colocynthis has sometimes been considered to be a wild ancestor of the watermelon; its native range extends from north and west Africa to west India.

9 Amazing Benefits of Watermelon | Organic Facts

Watermelon is rich in an amino acid called citrulline that may help move blood through your body and can lower your blood pressure. Your heart also enjoys the perks of all the lycopene watermelon...

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